

- ✓ Relieving Hunger
- ✓ Restoring Dignity
- ✓ Reviving Hope



What is a “reverse advent calendar”?

A reverse advent calendar is where you pick one item a day to donate to the Foodbank and put it in a box. Please feel free to decorate the box, the items below are just ideas, this is a great way to show children and grandchildren that Christmas is about giving as well as receiving. Your generosity will help to make someone's Christmas.

 Long Life Milk 	 Jam 	 Tea or Coffee	 Soup 	 Cooking Oil
 Sugar 	 Christmas Pudding	 Toilet Rolls 	 Tinned Vegetables	 Christmas Cake 
 Pasta Sauce 	 Yule Log	 Sponge Pudding 	 Christmas Biscuits	 Tinned Fruit
 Mince Pies	 Fruit Juice (Longlife)	 Tinned Custard	 Stuffing Mix 	 Chocolate Treat
 Gravy Granules	 Crackers 	 Your Choice	 Your Choice	Thank You, You're Amazing!

What do I do with it when it is finished?

Please take it to our warehouse, 80 Greeham Business Park, RG19 6HW (Mon-Fri between 9am to 12pm) or Email collections@westberks.foodbank.org.uk, or call 07955 626621

Must be received before Friday 11th December

Thank you so much from all at West Berks Foodbank
MERRY CHRISTMAS